



Muscle and liver applications





MAYO CLINIC

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Magnetic Resonance Imaging (MRI)



Liver Stiffness: 6.5 kPa (~3 x normal)



Relevance of Tissue Mechanical Properties



Musculoskeletal Physiology

Biomechanics Of Injury









Richard Ehman



Using shear waves to assess the stiffness of materials



Magnetic Resonance Elastography

SCIENCE • VOL. 269 • 29 SEPTEMBER 1995

Magnetic Resonance Elastography by **Direct Visualization of Propagating Acoustic Strain Waves**

R. Muthupillai, D. J. Lomas, P. J. Rossman, J. F. Greenleaf,



Richard Ehman

25

10.0

5.0

20

15

Magnetic Resonance Elastography



- Main current application: Assessing liver fibrosis
- Acquisition time: ~ 1 minute
- FDA-cleared since 2009
- Installed clinical base ~ 1300 clinical systems

Importance of Chronic Liver Disease, Fibrosis, Cirrhosis



- A leading cause of death world-wide
- Increasing prevalence of conditions that cause hepatic fibrosis
 - Hepatitis C 170 M people globally
 - Hepatitis B
 - Obesity / Fatty liver disease
- Fibrosis can be reversed, if diagnosed early and treated

Progression of Liver Disease



MR Elastography



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Two Patients with Chronic Liver Disease: Is Hepatic Fibrosis Present?



76 yo Patient - Alcohol



Liver Magnetic Resonance Elastography (MRE)



Original Article 🔂 Full Access

Cutoff Values for Alcoholic Liver Fibrosis Using Magnetic Resonance Elastography Technique

Sabine F. Bensamoun ⋈, Gwladys E. Leclerc, Laëtitia Debernard, Xiaobin Cheng, Ludovic Robert, Fabrice Charleux, Colette Rhein, Jean-Paul Latrive

First published: 06 December 2012 | https://doi.org/10.1111/acer.12025 | Cited by: 16



Technical Note 🔂 Free Access

Measurement of liver stiffness with two imaging techniques: Magnetic resonance elastography and ultrasound elastometry

Sabine F. Bensamoun PhD 🗙, Lu Wang MS, Ludovic Robert Mr, Fabrice Charleux MD, Jean-Paul Latrive MD, Marie-Christine Ho Ba Tho PhD

First published: 28 October 2008 | https://doi.org/10.1002/jmri.21523 | Cited by: 48

Diagnostic Performance: MRE vs Fibroscan



Advanced Multiparametric 3D MRE



Hepatic MRE in Mouse Models of Fatty Liver Disease



Value of **Damping Ratio** as Biomarker



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MR Elastography



Assessing the Biomechanical Properties of the Brain





Meningioma



Two Patients with Meningiomas

Wave Images

C

Elastograms





8

Stiffness (kPa)

0

Characterizing Neurodegenerative Disease?

Elastogram



Characterizing Neurodegenerative Disease?

Patients with Alzheimer's disease have significantly decreased brain stiffness, compared with age-matched, cognitively-normal subjects.



Murphy M, J Magn Reson Imaging. 2011 Sep;34(3):494-8.

MRE in Neurodegenerative Disease



Normal Control 87 y female

AD Patient 87 y female

Normal Control 65 y male

FTD Patient 65 yr male



Magnetic Resonance Elastography

- Provides an array of new quantitative imaging biomarkers
- Basic technology platform now widely deployed worldwide
- Established as a reliable, comfortable, and less costly alternative to liver biopsy for assessing hepatic fibrosis
- Brain imaging is likely to be the next well-established clinical application of MRE
- Unique tool for studying musculoskeletal biomechanics...



MR Elastography



Thigh muscle Magnetic Resonance Elastography (MRE)



Technical Note 🔂 Free Access

Determination of thigh muscle stiffness using magnetic resonance elastography

Sabine F. Bensamoun PhD, Stacie I. Ringleb PhD, Laurel Littrell MD, Qingshan Chen PhD, Michael Brennan MD, Richard L. Ehman MD, Kai-Nan An PhD

First published: 22 December 2005 | https://doi.org/10.1002/jmri.20487 | Cited by: 95







Archives of Physical Medicine and Rehabilitation

Archives of Physical Medicine and Rehabilitation Networks And Archives and Archives Arch

Volume 88, Issue 12, December 2007, Pages 1658-1661

Original article

Identification and Quantification of Myofascial Taut Bands With Magnetic Resonance Elastography



Qingshan Chen MS ^a, Sabine Bensamoun PhD ^a, Jeffrey R. Basford MD, PhD ^b $\stackrel{\diamond}{\sim} \boxtimes$, Jeffrey M. Thompson MD ^b, Kai-Nan An PhD ^b

Purpose

Characterize the mechanical properties of soft tissue (muscle and liver) to provide quantitative measurements to the clinician



personalized treatments







Context

2002: The first MRE muscle study \rightarrow Calf muscle

"To investigate whether a new tissue-imaging technique, magnetic resonance elastography (MRE), offers a viable, noninvasive way to study healthy and diseased muscle"



Basford et al., 2002

How to induce the waves inside the muscle ?

Mechanical driver (low frequency: 120Hz)











Difficult to see the waves II subcutaneous adipose tissue







Waves are propagated with and without Subcutaneous tissues



How to induce the waves inside the muscle ?



Experimental Set-up to analyze the muscle in passive and active condition



MR Elastography Platforms

2018: Third platform



Institut Faire Faces (IFF)

2007: First platform





Centre d'Imagerie Medicale Avancée de Compiègne (CIMA)

Polyclinique St Côme

Thigh muscle MRE tests

1.5T MRI machine (GE), Gradient echo sequence, field of view : 24 cm, 256x64 acquisition matrix



Development of MRE protocols to visualize the displacement of the waves in all the thigh muscles



Quantify the viscoelastic properties of all the thigh muscles

The total scan time was about 38 s

Protocols for the different acquisitions of the phase images

Axial anatomical image



Coronal anatomical image







Phase image superimposed on the anatomical image



Valorizations







Dystrophy Muscular Duchenne (DMD)

- Measurement of the mechanical properties
- Development of the MRE protocols

Development of a non invasive tool to follow the treatment





To evaluate the functional properties of individual muscle before and after treatment

Dystrophy Muscular Duchenne (DMD)



- The present protocol is capable to measure the elastic properties (μ) for DMD
- Adipous tissu μ DMD > μ Sain : new observation, must be confirm with more patients
- Relax Muscle μ DMD > μ Sain : fatty infiltration
- Contracted Muscle μ DMD < μ Sain : decrease of contractibility

Dystrophy Muscular Duchenne (DMD)



Technical note

Elastic properties of skeletal muscle and subcutaneous tissues in Duchenne muscular dystrophy by magnetic resonance elastography (MRE): A feasibility study

S.F. Bensamoun^{a,*,1}, F. Charleux^{b,2}, L. Debernard^{a,1}, C. Themar-Noel^{c,2}, T. Voit^{c,d,2}

Animal Research and Alternatives

Despite the difference in appearance between humans and animals they have a very similar genetic \rightarrow 99% between Mice and Men



